



# The Dolphin Restaurant

## SAMPLE LUNCH MENU

*Seasonal Melon with Greenland Prawns and Marie Rose Sauce*

*Button Mushrooms coated in Breadcrumbs and a touch of Garlic*

*Mussels poached in a creamed White Wine Sauce with chopped Onions  
and a light flavouring of Tomato and Garlic*

~oOo~

*Pan-Fried Fillet of Jersey Plaice served with White Wine and Lemon Juice*

*Surf & Turf Rib-eye Steak topped with King Prawns with a touch of Garlic Butter*

*Charcoal grilled Rack of Lamb with grilled Tomato and Mushrooms*

*Chicken Breast with Parma Ham, Mushrooms and Asparagus topped with melted Cheese in a Creamy Sauce  
Market Vegetables and Potatoes in Season*

~oOo~

*Choice of Gateaux \* Vanilla Crème Brulée \* Fresh Fruit Salad \**

*Profiteroles with Chocolate Sauce \* Cheeses & Biscuits \* Choice of Ice Cream*

~oOo~

2 Courses £ 26.50

3 Courses £31.50 (including Coffee & Chocolate Mints)